Travel to Colneis Junior School



Children can be on the playground from 08:40.

Information about parking can be found on the website, please scan the QR code.

We have a School Crossing Patrol on the junction of High Road East and Rosemary Avenue.

Why not Park and Stride to school from some of the locations on the map, helping keep our pupils and families safe.

THE WAY TO GO | Suffolk County Council

walkingandcycling@suffolk.gov.uk

thewaytogosuffolk.org.uk

facebook.com/TWTGSuffolk

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Active Travel

The Way to Go team are encouraging everybody in Suffolk to travel in a more active and sustainable way – and this includes the journey to school!

What do we mean by active travel?

Walking | Cycling | Wheeling

There are so many benefits to walking, cycling or wheeling to school. Fewer vehicles on the road mean a lower level of emissions and less congestion making the roads safer and healthier for everybody.

Morning exercise can help support brain power and performance in class. Plus physical activity has been linked to a reduced risk of experiencing anxiety and better learning outcomes for our children.

Rather than drive your child to school, could you consider walking, cycling or wheeling? Maybe starting once a week and then working up to walking, cycling or wheeling more frequently?



Cycling and wheeling

There are lots of benefits of cycling or wheeling to school!

- ☑ It unlocks freedom and independence
- ☑ It empowers children to not just cycle to school but everywhere - the park, the shops, to see friends
- ☑ It helps maintain mental wellbeing as well as keeping children physically fit
- ☑ It's FUN

Safe Cycling Tips

- Wear a cycle helmet
- Lock your bike – don't lose it
- Use cycle lights

Why not ask your school whether they offer Bikeability cycling training?

Bikeability is a course designed to give children the skills and confidence to cycle on the road.



The Way to Go Team

Families who are looking to cycle more frequently and want a refresh of their cycling skills can book a family cycling session.

If you're interested get in touch directly by emailing walkingandcycling@suffolk.gov.uk

The Way to Go team can also arrange Dr Bike sessions. This is when our bike mechanics will carry out safety checks to ensure that bikes are road-worthy.

Ask the school if this is available and if not, they can get in touch with us to organise it. Email walkingandcycling@suffolk.gov.uk

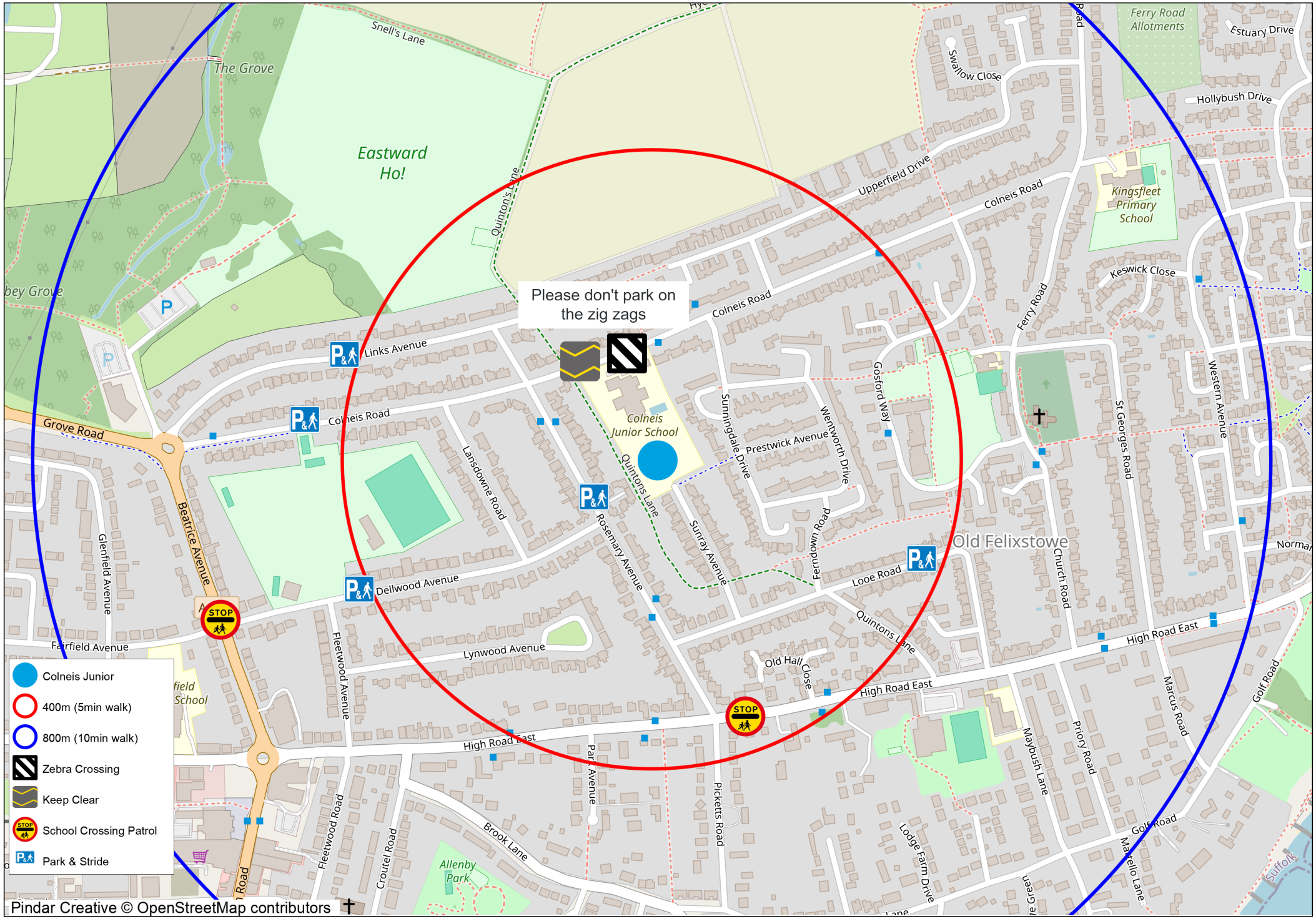
Park and walk

Why not try

- Being dropped off a few minutes away from the school
- Use the map overleaf to identify somewhere at least five or even ten minutes from the school, then walk the rest of your journey. Get some exercise on the way!
- There will be less congestion around the school making it safer and healthier for everyone
- If you have to drive, have you considered car-sharing? You could save money and reduce your carbon footprint by sharing the car journey with another family






Please don't park on the zig zags
Colneis Junior
400m (5min walk)
800m (10min walk)
Zebra Crossing
Keep Clear
School Crossing Patrol
Park & Stride
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Eastward Ho!
The Grove
Snell's Lane
Quinton's Lane
Colneis Junior School
Kingsfleet Primary School
Ferry Road Allotments
Old Felixstowe
Grove Road
Beatrice Avenue
Links Avenue
Colneis Road
Upperfield Drive
Keswick Close
Ferry Road
Gosford Way
Sunningdale Drive
Prestwick Avenue
Wentworth Drive
Lansdowne Road
Rosemary Avenue
Sunray Avenue
Ferndown Road
Looe Road
Dellwood Avenue
Glenfield Avenue
Fairfield Avenue
Lynwood Avenue
Fleetwood Avenue
Church Road
St Georges Road
Western Avenue
High Road East
Old Hall Close
Golf Road
Marcus Road
Priory Road
Maybush Lane
Lodge Farm Drive
Pickerts Road
Brook Lane
Croutel Road
Allenby Park
Hollybush Drive
Estuary Drive
Swallow Close
Suffolk
STOP