# Travel to Fairfield Infant School



Children and parents can be on the playground from 08:30.

Information about parking can be found on the website, please scan the QR code.

We have a School Crossing Patrol on Beatrice Avenue.

Why not try Park and Stride to school from some of the locations on the map, helping keep our pupils and families safe.

THE WAY TO GO | Suffolk County Council


walkingandcycling@suffolk.gov.uk

thewaytogosuffolk.org.uk

facebook.com/TWTGSuffolk



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## Active Travel

**The Way to Go** team are encouraging everybody in Suffolk to travel in a more active and sustainable way – and this includes the journey to school!

### What do we mean by active travel?

Walking | Cycling | Wheeling

There are so many benefits to walking, cycling or wheeling to school. Fewer vehicles on the road mean a lower level of emissions and less congestion making the roads safer and healthier for everybody.

Morning exercise can help support brain power and performance in class. Plus physical activity has been linked to a reduced risk of experiencing anxiety and better learning outcomes for our children.

**Rather than drive your child to school, could you consider walking, cycling or wheeling? Maybe starting once a week and then working up to walking, cycling or wheeling more frequently?**



## Cycling and wheeling

There are lots of benefits of cycling or wheeling to school!

- ☑ It unlocks freedom and independence
- ☑ It empowers children to not just cycle to school but everywhere - the park, the shops, to see friends
- ☑ It helps maintain mental wellbeing as well as keeping children physically fit
- ☑ It's FUN

### Safe Cycling Tips

- Wear a cycle helmet
- Lock your bike – don't lose it
- Use cycle lights

**Why not ask your school whether they offer Bikeability cycling training?**

**Bikeability** is a course designed to give children the skills and confidence to cycle on the road.



### The Way to Go Team

Families who are looking to cycle more frequently and want a refresh of their cycling skills can book a **family cycling session**.

If you're interested get in touch directly by emailing **walkingandcycling@suffolk.gov.uk**

**The Way to Go** team can also arrange **Dr Bike** sessions. This is when our bike mechanics will carry out safety checks to ensure that bikes are road-worthy.

Ask the school if this is available and if not, they can get in touch with us to organise it. Email **walkingandcycling@suffolk.gov.uk**

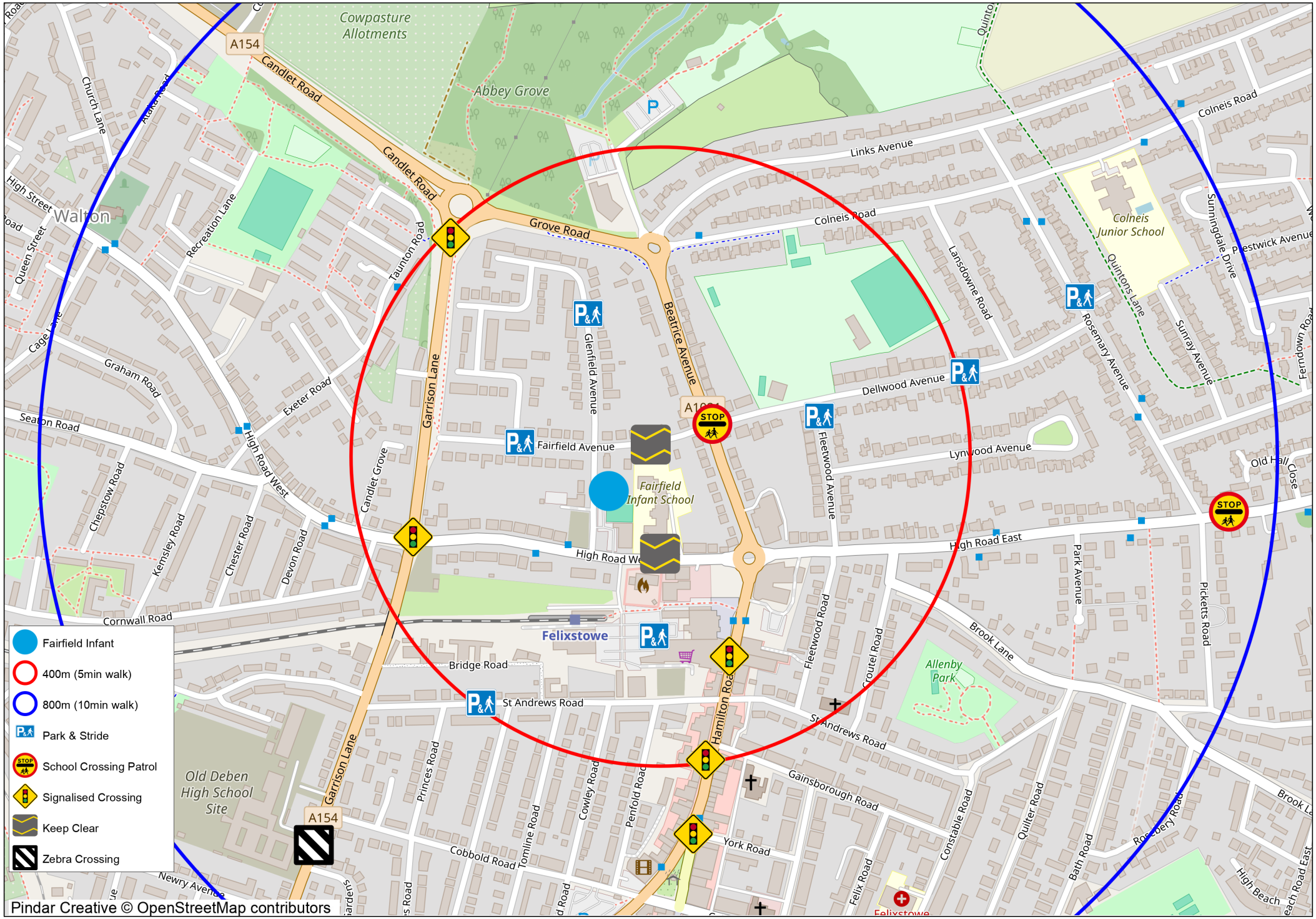
## Park and walk

### Why not try

- Being dropped off a few minutes away from the school
- Use the map overleaf to identify somewhere at least five or even ten minutes from the school, then walk the rest of your journey. Get some exercise on the way!
- There will be less congestion around the school making it safer and healthier for everyone
- If you have to drive, have you considered car-sharing? You could save money and reduce your carbon footprint by sharing the car journey with another family






Fairfield Infant
400m (5min walk)
800m (10min walk)
Park & Stride
School Crossing Patrol
Signalised Crossing
Keep Clear
Zebra Crossing
Cowpasture Allotments
Abbey Grove
Walton
Felixstowe
Fairfield Infant School
Colneis Junior School
Allenby Park
Old Deben High School Site
Candlet Road
Grove Road
Garrison Lane
Beatrice Avenue
Hamilton Road
Fairfield Avenue
Dellwood Avenue
Lynwood Avenue
High Road West
High Road East
St Andrews Road
Bridge Road
Cornwall Road
Gainsborough Road
York Road
Cobbold Road
Brook Lane
Colneis Road
Links Avenue
Taunton Road
Exeter Road
Graham Road
Seaton Road
Church Lane
Recreation Lane
Queen Street
High Street
Cage Lane
Chepstow Road
Kemsley Road
Chester Road
Devon Road
Candlet Grove
Glenfield Avenue
Fleetwood Avenue
Fleetwood Road
Croutel Road
Lansdowne Road
Rosemary Avenue
Quintons Lane
Sunray Avenue
Sunningdale Drive
Prestwick Avenue
Ferndown Road
Old Hall Close
Park Avenue
Picketts Road
Princes Road
Tomline Road
Cowley Road
Penfold Road
Constable Road
Quilter Road
Bath Road
Rosebery Road
High Beach
Newry Avenue
Felix Road
A154
STOP
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